

## JOIN US

Whatever your background, religion or ethnicity, we invite you to join us – please see the membership details below

### HOW YOU CAN HELP

#### Volunteer

- If you can spare some time we would love to hear from you

#### Donation

- As a voluntary organisation we are appreciative of financial support and welcome single or monthly donations

#### Become a member

- Please complete the application form and return to EAWA, c/o Treasurer, 99 Carlingford Drive, Westcliff-on-Sea, Essex, SS0 0SD
- Annual subscription £5 (1 April to 31 March) (Please enclose a cheque payable to 'EAWA')

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NAME:.....

ADDRESS:.....

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.....POST CODE .....

PHONE No. ....

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E-MAIL: .....

SIGNATURE: .....

## OUR TRUSTEES

Chair:	Nirmal Gupta
Treasurer:	Veena Sood
Trustee	Shiv Varma
Secretary:	Sheila Scott

## OUR COMMITTEE MEMBERS

Jamila Sarfraz

## CONTACT US

For further information, please contact:-

Nirmal Gupta:	07457 590508
Veena Sood:	01702 331448

## FUNDING

As a voluntary organisation, and registered charity, we are reliant on funding and donations to enable us to carry out our activities.

We are indebted to those who support us and gratefully accept donations and sponsorship.

Updated March 2018



Registered Charity No. 1122198

Essex Asian Women's Association (EAWA) was established in December 2006 and registered with the Charity Commission in January 2008

While retaining its original name, EAWA welcomes membership from women of any background, religion or ethnicity

## EAWA MISSION STATEMENT

By providing a forum for dialogue and discussion we aim to promote awareness of issues relating to women, provide support and guidance and improve quality of life in the community

## OUR VISION

To sponsor programmes and services which:-

- Increase depth of knowledge and may help to break down barriers to employment
- Develop health and social welfare facilities including support for those experiencing domestic abuse
- Offer the provision of advice and support to meet the needs of Asian women and others
- Enhance the visibility of Asian women and their equal role in the community
- Enlighten and strengthen the wider community

## OUR OBJECTIVES

- To work with the local health care providers to help develop health and social care facilities appropriate for Asian women
- To work with the appropriate agencies in assisting and guiding those women experiencing domestic violence
- To provide support and help when a family is experiencing crisis
- To provide charitable advice and assistance to relieve the needs of others
- To organise social gatherings where people can get together, talk, make friends in informal surroundings and celebrate their diverse culture and heritage

## OUR AIMS

- To empower Asian women with the knowledge and confidence to access a diverse range of health care initiatives
- To enable Asian women who are isolated to receive advice and support, helping to integrate them into the local community
- To address inequalities of provision of services to Asian women
- To celebrate and highlight the multitude of heritage that is entrenched in different cultures in the local community

## WHO ARE WE HELPING?

All Asian women who would like to meet, share their stories, lives and family history

Also, a chance to share any concerns and receive help and guidance

## HOW CAN WE HELP YOU?

By providing:-

- support
- help to access services
- someone to talk to
- the opportunity to make new friends
- the chance to join social activities

## HOW CAN YOU HELP?

Volunteer

- if you are able to spare a little time

Donate

- a single or regular monthly donation would be appreciated

## UNDERSTANDING YOUR NEEDS

Want to meet other people but don't know how?

Lonely and need someone to talk to?

Want to make new friends?

Willing to help and support other women when in difficulties?

We can:-

- Talk in confidence
- Obtain information
- Help you find the right type of support
- Put you in touch with other organisations

Together we can:-

- Help you access services
- Help you improve your health and well being
- Help you improve your education
- When needed, support you with a wide range of issues and concerns

